

## The Facts You Need To Know About **Workplace Bullying**

**W**hy do companies and organizations, need awareness on Workplace Bullying?

**Reason:** Because Workplace Bullying occurs in every country in the world.

**And:** At least 1 out of 6 people have reported being bullied at work. That's nearly 20%.

What happens with this 'silent cyanide' is that employees and managers withdraw and lose valuable momentum. Whether the bullying occurs internally or with your customers, many are left confused, less productive and worse yet, your great employees start to leave.

**Did you know that 67% of those being bullied have the intention of:**

1. Leaving their job (30%), or
2. Staying in their job and doing nothing (37%)?

**Workplace Bullying:** is repeated, deliberate, disrespectful behavior toward another.

You may be a **Target** if you are repeatedly:

- Left out of important information loops that affect your performance;
- Subjected to constant criticism, verbal attacks, blame; or being ignored;
- Exposed to a bully boss who has an unwillingness to communicate, cooperate and connect with you in any normal interpersonal exchange.

For **Targets:** my desire is to give you the very best tools and strategies you can count on, to regain the confidence and respect that you deserve. Being bullied is not your fault.

For **Managers, Supervisors, Leaders and HR Professionals,** you may be faced with:

- Having a 'bully' employee that you can't seem to control;
- Being made aware of a workplace bully in your department/organization, but not having the knowledge, skills or support to handle all sides effectively or;
- Not having the time to deal with inter-personal challenges due to work demands...but morale is getting worse.

For **Leaders:** my aspiration is to give you the finest, turnkey systems you can use in order to address Workplace Bullying with ease, and therefore gain back the positive morale and productivity that you deserve.

**Why Workplace Bullying Inspiration, Information and Implementation is Important:**

1. When employees were asked if their workplace situation affects their family and primary relationships, 87% said yes.
2. When managers and supervisors were asked if they had the tools and support to stop workplace bullying...93% said No.

Stopping Workplace Bullying is everyone's responsibility. "Bully Free at Work" was created with you in mind!